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## **Smokers/Tobacco Users Warning**

Tobacco has a very large effect on your gums and the disease you have in them. Tobacco is associated with an increased disease rate in terms of loss of the bone and gums that are holding your teeth in, as well as an increase in the space between the gums and teeth. Tobacco is a major factor for chronic gum disease.

Any type of smoking and/or chewing tobacco will have an adverse effect on the progress of your healing and may cause the gum disease to reoccur after treatment. If you are smoker or chew tobacco we highly recommend not to do while you are healing or anytime after that.